



# ST. JOHN VIANNEY CHURCH

WEST GREEN N15 3QL

Parish Office: 020 8888 5518

Mon to Fri: 9.00am-1pm & 2pm-5pm

4 Vincent Road, London N15 3QH

E-mail: [westgreen@rcdow.org.uk](mailto:westgreen@rcdow.org.uk)

Website: <http://stjohnvianneywestgreen.co.uk>



THE SPIRITANS

## MORNING PRAYERS

Mon-Fri: 8:30am

Sat: 9:15am

## MASS TIMES

Mon – Fri: 9.15am

Sat: 10am

Sat Vigil Mass: 6pm

Sunday Mass: 9am, 11am, 12.30pm

## RECONCILIATION

Saturday:

10:30 -11:30am

5:00pm-5:30pm

**Parish Priest:** Fr. Jerome Otitoyomi Dukiya CSSp.

Office hours: Mon, Tues, & Fri: 10:30am-2:30pm

**Assistant Priest:** Fr. Emmanuel Nsereko CSSp.

## PARISH SAFEGUARDING OFFICER:

**Tola Aleshe**, [westgreensg1@safeguardrcdow.org.uk](mailto:westgreensg1@safeguardrcdow.org.uk)

**Holy Days of Obligation & Solemnity: 9:15am & 7:30pm**

## 6TH SUNDAY OF ORDINARY TIMES 15TH FEBRUARY 2026

### 6<sup>th</sup> SUNDAY YEAR A

Lent is a 40-day penitential season in the Catholic Church that prepares believers to focus on Christ's sacrifice, repentance, and spiritual renewal. Rooted in Jesus' 40 days of fasting and temptation in the desert, Lent emphasizes prayer, self-denial, and reflection, often marked by purple vestments, Stations of the Cross, Reconciliation, and traditional practices like Friday fish fries.

Three key practices during Lent are fasting/abstinence, prayer and almsgiving, which are distinct.

Fasting involves reducing food intake—typically one full meal and two smaller snacks that do not equal a meal—and is required by Church law for Catholics aged 18–60 on Ash Wednesday and Good Friday.

Abstinence means refraining from something good or enjoyable, specifically meat, as a reminder of Christ's sacrifice. Catholics aged 14 and older are required to abstain from meat on all Fridays of Lent, though meat by-products like eggs and dairy are permitted.

Ash Wednesday and Good Friday are the only days that require both fasting and abstinence.

Prayer and active participation in the Church's liturgy are essential elements of Lent. Lenten prayer should extend beyond personal holiness to include intercession for others, especially those in need. Prayer is not meant to be a list of demands, nor is it meant to draw us closer to God alone; it should transform our hearts and be reflected in concrete acts of charity. Almsgiving flows naturally from prayer, fasting, and abstinence, calling us to reach out to the poor, the lonely, and the vulnerable. This commitment to charity is not limited to Lent but is a responsibility Christians are called to live throughout the entire year.

While these practices are mandated, Catholics are also encouraged to take on additional voluntary sacrifices during Lent as a personal spiritual discipline.

## THANK YOU FOR YOUR GENEROSITY IN LAST SUNDAY'S COLLECTIONS

## PARISH ACTIVITY – MORNING TEAS /COFFEE

**In the Parish Hall on Sundays, after 9am and 11am Masses.**

**We welcome all our New Parishioners, kindly join us in the hall for MORNING TEAS/COFFEE**

### NOTICES

1. **Bible Studies;** we are inviting our youths to our inaugural Bible studies today 15th February after the 11am Mass in the hall room 6.
2. **Ash Wednesday;** Wednesday 18th of February 2026 is Ash Wednesday the beginning of Lent Masses are at 9.15am, 12pm and 7.30pm. There will be Cardinal Lenten Appeal collection at all the Masses.
3. **Stations of The Cross;** Throughout the Lenten Season station of the Cross will be on Wednesdays after the 10:15am Mass and on Fridays at 7:30pm.
4. **Mass for the Sick** on Saturday 21st February at 12pm. Bring your sick ones along with you.
5. **Rite of Election.** All the RCIA candidates are requested to gather at Seven Sisters train station at 1:00pm on Saturday 21st of February. From there we will travel together for the onward celebration of the Rite of Election, which will take place at Cathedral at 2:30pm. Please ensure you arrive on time so that we can travel together as a group.
6. **Youth Mass:** Next week 22nd of February, the Parish youths will be animating the 12:30pm Mass.
7. The New **Bishop** will be coming to **St. Paul's Catholic Church Wood Green** on the **4th of March 2026**. He will be Meeting with Parishioners at **5pm**, then with Priest at **5.30pm** and Mass at **6.30pm**. **You are all invited to attend.**
8. **14th February is Valentine Day.** Thank you to all who made it to the Love Feast Celebration last night.
9. **Jumble Sale will be on the 22nd of February after all the Masses in the Hall.** We are looking for a volunteer to handle the Church Money and the Raffle your help will be highly appreciated.
10. Our Parish will be celebrating its **Centenary next year 2027**. We are forming a Planning Committee and invite volunteers to join us kindly indicate your interest at the Parish office. Let us walk together to make this milestone celebration memorable.
11. Caritas St Joseph. supports people with intellectual disabilities and their families through training and resources, individual and group support, visits and practical advice, inclusive Masses, inclusive activities, and parish-based support. If you feel it would be helpful to you, kindly contact the Parish office for further information.
12. Marriage Week, celebrated annually from 7–14 February, highlights and supports marriage and family life. In its 10th anniversary year, it reflects on key themes from Amoris Laetitia: joy, love, mercy, discernment, and mission. This year's celebration is especially significant as it coincides with the installation of the new Archbishop, Richard Moth, on 14 February.

See link below for the full text.

<https://rcdow.org.uk/marriage-and-family-life/news/with-this-ring-i-pledge-my-love-to-you-/>

**Happy Birthday / Anniversary to all, who are celebrating this week. Kindly come out for special blessing.**

## LECTIO DIVINA PRAYER GROUP

Meets every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month after 9.15am Mass.

## LEGION OF MARY

Meets every **Tuesday at 7:30pm** in Room 3 of the Parish Centre. If you are interested in joining, you will be most welcome.

## ARCHCONFRATERNITY OF THE HOLY SPIRIT. Devotion to the Holy Spirit

Meets Every **First Friday of Month** at **7.30pm** at the Church.

## LIVESIMPLY /JPIC

Meeting every **1st Sunday of the Month** after the **9am Mass**.

## SJV NIGERIA COMMUNITY

Meeting every **3rd Sunday of the Month** after the **11am Mass**

## Ghanaian Catholic Association

### Quarterly Meeting

**Kindly support your Parish by picking and filling the Gift aid Form and the Standing Order.**

**FOODBANK:** Thank you for your generosity. Such items as: toilet rolls, soap, detergent, basmati rice, spaghetti, lentils, noodles, couscous, oil, sugar, green tea, coffee, tinned tomatoes, tinned fish and tinned fruit. All items can be left in the green box at the back of church.

## FOOD VOUCHERS AND ASSISTANCE SCHEME.

Kindly help feed one vulnerable by donating **£7.50** per meal. This scheme has been on, in the Parish for a long time, we now have more people on the demands due to high cost of living. Thank you for your supports.

Job Title	Department Name	Closing date
Parish Administrator	Millwall	16/02/2026
Parish Administrator	Dollis Hill	19/02/2026
Parish Outreach Worker	Kensal Rise	20/02/2026
Electrical Testing Engineer	Health & Safety	20/02/2026
Parish Support Partner	PST	20/02/2026
Parish Office Assistant	Brazilian Chaplaincy	26/02/2026

For further details, please visit  
<https://jobs.rcdow.org.uk/>

## JUSTICE & PEACE INTEGRITY OF CREATION

**Tickets on Sale for Medjugorje Pilgrimage:  
Please contact: Mario Pereira 07985 5533225  
Virginia Pande 07809 724043 or Rosie Dias  
07927 319279.**

**ADORATION OF  
THE BLESSED SACRAMENT**

Adoration on Tuesday after 9.15 Mass

**FIRST SATURDAY DEVOTION**

After the 10:00am Mass

**CATECHETICAL PROGRAMMES**

**For 2025-2026 Application  
Forms are at the back of the  
Church**

**For any enquiries, please  
contact the Parish Office.**

**FIRST RECONCILIATION &  
HOLY COMMUNION CLASSES**

**CONFIRMATION**

**RCIA**

**INFANTS BAPTISM**  
**2nd Saturday of the Month**  
**Application Forms at the back  
of the Church.**

**YOUTH CORNER**



**Kindly scan the QR code to join SJV**

**Youth group. You are the future of our Parish.**  
**Last week the Parish Priest met with some of  
our Young Stars. A telephone number created  
to reach out to them/their parents, for  
effective communication.**

**And for the sick and those in our parish**

Andy	Ann
Magdalene	Zaldy
Angela	Emmanuel
Elsa	Helen
Gabriel	Joan
Ivy A	Kathy
John	Luisa
Kitty	Marie
Laura	Michael
Mary	Patricia
Pantaleone	
Phil	
Caesar	Pierina
Rose	
Veronica	Yollie
Manuel	Cathy
Dolores	
Dennis	Lawrence
Gerard	Rowley
Yuen Kuen Tsui	Kwok Chai

**Please check the notice board at the back of  
the church for other events we are unable  
to publish in the newsletter.**

**THIS WEEK WE PRAY FOR  
The repose of the soul:**

Pauline Mooney  
Deborah Alvares  
Aidan Chidarkire  
Livie Noel  
James Morgan  
Michael Twesigye  
Kathleen Foley

**RIP Anniversary**  
Maria Josefina Da Silva  
Luiza Fernandes

**Special Intentions:**  
Alice Mills  
Angela Pinto  
Billy O'Keefe

**NAMES NOT LISTED ABOVE  
ARE LISTED IN OUR BOOK OF INTENTIONS**

**Let us pray for peace in  
the World.**

**Let us continue to pray for the souls  
of all the faithful departed to rest in  
perfect peace.**

